

Meals

Written by Administrator
Tuesday, 17 July 2012 13:54

Meals

To encourage children to develop self help skills and encourage independence, as well as be involved in the decision making involved in healthy eating choices, children bring their own lunch boxes. We provide water and a substantial morning tea, which consists of fruit and healthy snacks. The teachers often bake with the children. Baking is shared at morning tea, lunch and/or in the afternoon.



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